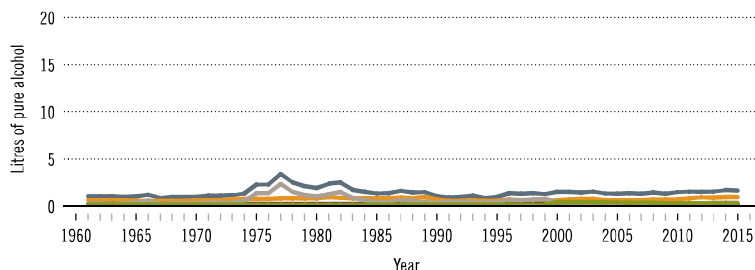


# Benin

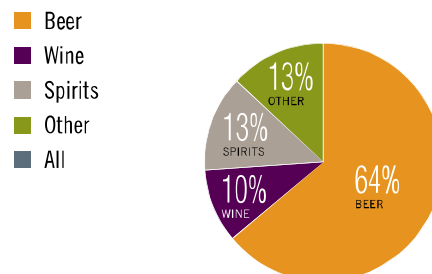
Total population (2016): 11 166 658 ► Population aged 15 years and older (15+): 58% ► Population in urban areas: 43% ► Income group (World Bank): Low income

## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	1.3		1.6	
Unrecorded	1.0		1.5	
<b>Total**</b>	<b>2.4</b>		<b>3.0</b>	
Total males / females	4.1	0.7	5.3	0.8
WHO African Region	6.3		6.3	

\* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; \*\*adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	14.3
Females (15+)	5.3
Both sexes (15+)	11.6

Prevalence of heavy episodic drinking\* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	17.2	46.5	10.9	49.3
Females	2.4	15.8	1.4	17.3
Both sexes	9.7	37.3	6.2	40.6

\* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	59.3	79.5	69.5
Former drinkers* (15+)	3.7	5.1	4.4
Abstainers (15+), past 12 months	63.0	84.6	73.9

\* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	57.4	41.0	42.9	22.3	743
Road traffic injuries, males / females	58.2	29.1	19.8	13.8	567
Cancer, males / females	94.2	94.5	3.3	1.1	79

\*Per 100 000 population (15+); \*\*alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score\*, 2016

LEAST < 1 2 3 **4** 5 > MOST

\* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016\*

	Alcohol use disorders**	Alcohol dependence
Males	10.8	3.7
Females	2.1	0.8
Both sexes	6.4	2.2
WHO African Region	3.7	1.3

\* 12-month prevalence estimates (15+); \*\*including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2008/2013) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	No / No / No
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	No / No / No
Restrictions for on-/off-premise sales of alcoholic beverages (any): Hours, days / places, density Specific events / intoxicated persons / petrol stations	No, No / No, No No / No / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.05
Legally binding regulations on alcohol advertising / product placement (any)	No / No
Legally binding regulations on alcohol sponsorship / sales promotion (any)	No / No
Legally required health warning labels on alcohol advertisements / containers (any)	No / No
National government support for community action (any)	Yes
National monitoring system(s) (any)	No