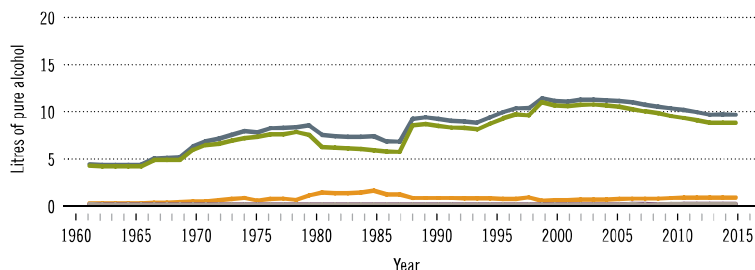


Nigeria

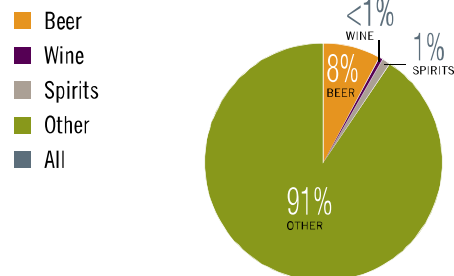
Total population (2016): 186 987 563 ▶ Population aged 15 years and older (15+): 56% ▶ Population in urban areas: 48% ▶ Income group (World Bank): Lower-middle income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*		2016*	
Recorded	10.3		9.6	
Unrecorded	1.2		3.8	
Total**	11.5		13.4	
Total males / females	18.7	4.0	21.9	4.6
WHO African Region	6.3		6.3	

* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; **adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	32.7
Females (15+)	12.2
Both sexes (15+)	25.5

Prevalence of heavy episodic drinking* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	45.4	67.7	36.7	70.9
Females	12.0	31.8	7.6	34.3
Both sexes	28.9	55.0	22.5	60.3

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	30.4	56.3	43.1
Former drinkers* (15+)	2.6	6.0	4.3
Abstainers (15+), past 12 months	33.0	62.3	47.4

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	116.1	57.7	76.3	57.0	42 120
Road traffic injuries, males / females	48.9	22.7	41.5	32.1	15 365
Cancer, males / females	146.3	135.8	6.6	5.1	4 687

*Per 100 000 population (15+); **alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score*, 2016

LEAST < 1 2 3 4 **5** > MOST

* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

	Alcohol use disorders**	Alcohol dependence
Males	1.1	0.2
Females	0.1	0.0
Both sexes	0.6	0.1
WHO African Region	3.7	1.3

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	No / —
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	No / No / No
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	No / No / No
Restrictions for on-/off-premise sales of alcoholic beverages (any): Hours, days / places, density	No, No / Yes, No
Specific events / intoxicated persons / petrol stations	No / No / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.08 / 0.08 / 0.08
Legally binding regulations on alcohol advertising / product placement (any)	No / No
Legally binding regulations on alcohol sponsorship / sales promotion (any)	Yes / No
Legally required health warning labels on alcohol advertisements / containers (any)	No / No
National government support for community action (any)	Yes
National monitoring system(s) (any)	No